



JUNE 2022

Inspiration Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Check out [these sneakers](#) made from plastic water bottles.

Meet the [bomb-sniffing dog](#) who's a hero in Ukraine.

Watch a [funny movie](#) on Netflix.

[Spread love during Pride Month.](#)

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Shine bright like a [lab-grown diamond](#).

Try one of these [stress relievers](#) for adults.

Be inspired by these [business leaders](#).

Get ready for [hot girl walk](#) season.

Support [sustainable clothing](#) brands.

Nibble on this [sexy date idea](#) from Cody Rigsby.

Devour one of these [beach reads](#).

12

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Toast to [Loving Day](#).

[Cut energy costs](#) in your home and save \$\$\$.

[Feel less stressed](#) at work.

Be a [mental health](#) hero.

Cheers to a [brand](#) that celebrates being mixed race.

Choose your adventure: [vodka edition](#).

Find out if a [rage room](#) is up your alley.

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Dig into the history of [Juneteenth](#).

Watch this [TEDx Talk](#) and get anything you want.

[Educate yourself](#) on National Indigenous Peoples Day.

Let's talk about [condoms](#).

Learn an Indigenous perspective on [food security](#).

[Eat green](#) to help tackle climate change.

Unlock your scent memory with this [sustainable candle](#).

26

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Try this viral TikTok recipe: [custard toast](#).

Follow one of these [athletes](#) using social media to push for change.

Join your local [Buy Nothing group](#).

Find out why we love [Greta Thunberg](#).

Bite into the [crossword puzzle](#) of the day.

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Spreading positive, inspiring, helpful stories you'll want to bite into.



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